

ALWAYS REMEMBER: SASH is the acronym used when giving any medication through an IV. The letters stand for:



SALINE
(white cap) flush



**ADMINISTER
MEDICATION**



SALINE
(white cap) flush



HEPARIN
(blue or yellow
cap) flush

The amounts differ for pediatrics and adult patients:

PEDIATRIC (up to 10 years)
Saline flush 3–5mls
Administer medication
Saline flush 3–5mls
Heparin flush 1–3mls
If you have more than one lumen, flush each UNUSED lumen once daily with: Saline 3–5mls, then Heparin 1–3mls

ADULT (over 10 years)
Saline flush 5–10mls
Administer medication
Saline flush 5–10mls
Heparin flush 3–5mls
If you have more than one lumen, flush each UNUSED lumen once daily with: Saline 5–10mls, then Heparin 3–5mls

TIPS FOR GIVING MEDICATION THROUGH IV

. Never force the flush or medication. You may use some gentle pressure with your thumb. If at first it doesn't flush, try rotating your arm with the IV catheter in a circular motion at shoulder. Cough deeply, then re-try.

Make sure clamps are OPEN.

. Always cleanse the tip of the IV-line connector with alcohol pads for 15 seconds using friction and allow 30 seconds for drying prior to use.

. Do not empty the syringe when flushing the saline and heparin. Push the plunger to reach the last small lines.



Any Questions, Call us First:

832.612.3500

866.612.3437 Fax

HealthQuest Infusion & Specialty
1311 W Sam Houston Pkwy N, Ste 100
Houston, TX 77043